

Snorkelling can be a strenuous physical activity and may increase the health and safety risks for persons suffering from-

- Any medical condition that may be made worse by physical exertion, for example, heart disease, asthma and some lung complaints; or
- Any medical condition that can result in loss of consciousness, for example, some forms of epilepsy and some diabetic conditions; or
- Asthma that can be brought on by cold water or salt water mist

**PLEASE advise the Dive Supervisor or snorkeling guide if you have any concerns about a medical condition**

We also advise that

1. You should practice snorkeling beside the boat or in shallow water before venturing further afield
2. You should remain aware of your own limitations and take these into account when snorkeling
3. You should make use of the flotation devices that are available: wetsuits and flotation vests (BCD's)
4. These signals will be used to communicate:
  - To recall you, the signal will be: whistle, with hand signal "come here"
  - if you need assistance URGENTLY: wave one or both arms in the air above water
  - if you need assistance (but not urgently): one arm extended straight in the air with a clenched fist.
5. Should the need arise, you can lift and keep your face clear of the water by moving into an upright position
6. You use the buddy system: snorkeling within a short distance of another snorkeller and watching out for one another
7. If you have not snorkeled before, cannot swim, or have any concerns about snorkeling, you should discuss these with the Dive Supervisor
8. You should abstain from drinking alcohol prior to snorkeling
9. You should manage the risks of sun exposure and hypothermia, through the use of clothing, sun screen, wet suits and covering up from the wind on leaving the water
10. A lookout wearing a brightly coloured shirt will be on duty at all times while snorkeling is taking place and snorkellers are advised to signal the lookout at any time if they require assistance
11. The vessel is equipped with a first aid kit, oxygen, and suitably qualified crew to carry out this treatment if required
12. A roll call will be conducted every time before the vessel departs any site

I, \_\_\_\_\_ hereby affirm that I am a snorkeller conducting snorkelling activities independently or under the control and supervision of a snorkeling guide, and that I thoroughly understand the hazards of snorkelling, including those hazards occurring during boat travel to and from the dive site. I understand that these hazards include being struck by a boat while in the water, injuries occurring while getting on or off a boat, and other perils of the sea. By signing this release, I certify that I am fully aware and expressly assume these risks involved in conducting snorkelling, whether independently or under the supervision of a snorkeling guide.

I understand and agree that neither the master of the vessel, dive supervisor, instructors, crew members, managers or owner of the vessel, nor the vessels ReefQuest, SeaQuest, OceanQuest nor Ecolight Pty. Ltd t/a Deep Sea Divers Den., nor the owners, officers, employees, agents, or assigns of the above listed individuals and/or entities (hereinafter "Released Parties") may be held liable or responsible in any way for any occurrence on this trip which may result in personal injury, property damage, wrongful death or other damage to me or my family, heirs, or assigns that may occur as a result of my participation in this boat trip and in-water activities or as a result of the negligence of any party, including the Released Parties, whether passive or active.

I further state that I am of lawful age and legally competent to sign this liability release, or that I have obtained the written consent of my guardian.

I do, by this instrument, exempt and release all the above listed parties and/or individuals from all liability and responsibility for personal injury, property damage or wrongful death however caused, including, but not limited to, product liability or the negligence of the Released Parties, whether passive or active.

I acknowledge that I have read the foregoing paragraphs, fully understand the potential dangers incidental to engaging in this boat trip and in-water activities, am fully aware of the legal consequences of signing this instrument, and that I understand and agree that this document is legally binding and will preclude me from recovering monetary damages from the above listed entities and/or individuals, whether specifically named or not, for personal injury, property damage or wrongful death caused by negligence or product liability.

PRINT NAME: \_\_\_\_\_ Date: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

GUARDIAN NAME: \_\_\_\_\_

Guardian SIGNATURE: \_\_\_\_\_

Dive Supervisor Name:	.....
Snorkelling:	Guided / Unguided
Dive Supervisor Signature:	.....

**ALL SNORKELLERS SHALL CONDUCT THEIR ACTIVITIES WITHOUT THE USE OF A WEIGHT BELT**